

# BCU UKCC Level 2 Certificate in Coaching Paddlesport Training Course

## Candidate Notes

**Dates:** Please refer to calendar. Dates can also be arranged to suit.

**Venue:** For details please see calendar. Courses by arrangement can be at a venue of your choice.

**Cost per head (non-residential):** £220

### Course aim:

*“This is the second step on the paddlesport coaching pathway. It focuses on progressive coaching, helping you to develop your students within their first 3 years of paddling, through a series of sessions”.*

### The Stages to become a Level 2 Coach:

- Register with Canoe England (<http://www.bcu.org.uk/bcu/2395-5-how-to-become-a-new-bcu-coach-.aspx>),
- Attend a Level 2 Coach training course (4 Days),
- Complete your specified tasks (design/deliver 6 sessions, attend an optional module of choice),
- Then present yourself for an assessment (the assessment is separate from the training).

### Who is it for?

Coaches of canoe *and* kayak who want to work with students/groups over multiple sessions. You could be a Club Coach developing a group of paddlers or a teacher coaching a specific group of students. The level 2 Coach, once qualified, can operate **independently on “Sheltered Water”**.

### Pre-requisites

- be **17 years old** or over,
- have successfully **completed a ‘new’ Level 1 Award** or ‘old’ Level 2 trg within the previous 3 years,
- have completed a BCU Canoe Safety Test or **Foundation Safety & Rescue Training (FSRT)**
- Plus, boat-based candidates must also have successfully completed:
  - A new **BCU 2 Star Award** or ‘old’ 2 Star in both canoe & kayak,
  - Either a ‘new’ or ‘old’ **3 Star Award** in any discipline.

The emphasis of the training course is to ‘observe, analyse and implement’: New coaching styles and techniques and with new boats! Putting theory into practice; giving you foundation skills, understanding and confidence to apply them by focussing on the needs of your students in a **variety of boats**.

All candidates are required to **register with Canoe England**, prior to embarking on the Level 2 learning programme. Complete your registration form 2 weeks prior to attending the course and return it to Canoe England. <http://www.bcu.org.uk/bcu/2395-5-how-to-become-a-new-bcu-coach-.aspx>

### Personal Equipment:

- ☞ **Candidates should bring the appropriate equipment/clothing for their own needs to cope with the prevailing weather conditions.** If you have a canoe and a kayak you are welcome to bring them.
- ☞ A camera, waterproof note pad and pen will be useful for recording information.
- ☞ Food and drinks (warm and hydrating).
- ☞ If you cannot access to any piece/s of equipment contact course staff at the first possible opportunity.

[kenhughescourses@aol.com](mailto:kenhughescourses@aol.com)

07890139908